

January 11th to 24th, 2021

EARLYON NEWSLETTER

Bi-weekly newsletter from our EarlyON Child and Family Centre SIMCOE NORTH team.

www.earlyonsimcoenorth.ca



Midland Centre, 356 King St.
705-526-2456

Orillia Centre, 80 Colborne St. W
705-325-1299

EarlyON Child and Family Centre Closed

With the province's announcement on December 21st, and the current status of lockdown as of December 26, 2020 in the Simcoe Muskoka District Health Unit, the EarlyON Child and Family Centres in Midland and Orillia will be closed for Stay Play and Learn.

As always, we will still be offering our popular Virtual EarlyON Sessions. You can access our wonderful programs and services without having to leave the comforts of your home.

Visit our website Virtual Program Calendar, Facebook or Instagram Page.

We are still here for you for phone support or questions during the hours listed below in the Emergency Baby Needs section.

STILL OPEN!

Emergency Baby Needs Depot

Call the centre to speak to a staff to schedule a time for your zero contact pick up.

Monday to Thursday 9:00-12:00/ 1:00-4:00

Fridays 9:00-12:00

Midland: 705-526-2456

Orillia: 705-325-1299



Join us for our regular Virtual Circle Time series on Zoom every Wednesday morning at 10:30 am

Check our Facebook and Instagram posts to stay up to date for when we will have special guests join us.



Monday,
January 25th
10:30 am.

CIRCLE TIME IS
GOING LIVE ON
FACEBOOK



Let's Talk Food

Join Program Facilitators Alex and Caitlin with our special guest speaker Robyn Nagel from the North Simcoe Family Health Team for these virtual zoom sessions. Come to one or all. Join us as we explore: Starting solid foods, textures, and Picky Eaters. We look forward to seeing you!
For Parents with children 0-3 years of age.

EarlyON
Child and Family Centre

north simcoe
Family Health Team

Let's Talk Food

Virtual Zoom Sessions

Sessions:

- January 13th - Starting Solid Foods
- January 27th - Advancing textures
- February 10th - Constipation
- February 24th - Picky Eaters

Join Us!

With our guest Robyn from the North Simcoe Family Health Team. 1:30pm on Wednesdays. You can register at www.earlyonsimcoenorth.ca

Grow With Your Baby

Brain Development

Tuesdays, starting
January 19th
1:30-3:00pm

For parents with
infants 0-12 months
& pregnant or
expectant parents

Register at
earlyonsimcoenorth.ca



EarlyON
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Grow with Your Baby

Grow With Your Baby is a program for parents and caregivers with infants 0 to 12 months and pregnant or expectant parents. Each week parents will have the opportunity to speak to someone from another organization or agency that helps support parenting.

Play to Learn With Me

Join the EarlyON staff from Simcoe North once a month for our fun, interactive, virtual Play to Learn with me! Parents, caregivers, and children will explore different mediums of art, science, and creative expression using common everyday items around the home and in nature.

PLAY TO LEARN WITH ME!



JOIN US FOR A FUN AND INTERACTIVE VIRTUAL PROGRAM FOR PARENTS, CAREGIVERS AND CHILDREN AGED 2-6. THIS PROGRAM IS FILLED WITH CREATIVE EXPRESSION, ART AND PLAY!

Monday January 18th 2021 at 10:30 am

EarlyON
Child and Family Centre

To register visit
Earlyonsimcoenorth.ca

DID YOU KNOW?...

We offer "one on one" Triple P Tip Sheets to support you in your parenting over the phone and on zoom!

Triple P provides parents with tools and skills to build stronger families

Some of the available topics are:

- Being a parent
- Supporting your partner
- Balancing work & home
- Coping with stress
- Home safety
- Sleep patterns
- Toileting
- Independent eating
- Separation anxiety
- Bedtime problems
- Sharing
- Tantrums
- Disobedience

To schedule an appointment today, please call...
EarlyON Child & Family Centre, Simcoe North
Midland @ 705-526-2456 or
Orillia @ 705-325-1299

Triple P Tip Sheets

We are here for you. Parents can call either the Midland or Orillia centre to schedule a time to talk to a trained facilitator about their child's challenging behavior.
Midland 705-526-2456
Orillia 705-325-1299